

# CODES OF CONDUCT

Winchester Racquets and Fitness recognises that players, parents and guardians play a major role in the enjoyment of squash and racketball and therefore we would appreciate display of the following conduct.

## Players

- Always respect your coach, opponents and other players in your lessons/groups
- Always give 100% effort in your lessons, preparations and matches
- Never display any form of malicious or derogatory action or language towards other players, coaches or parents
- Always inform your coach if you are going to be absent or late to a session
- Always wear suitable clothing for lessons, groups or events
- Treat all equipment with respect
- Inform your coach of any injuries or illnesses
- Do not eat or chew gum on court
- Show good sportsmanship and etiquette at all times
- All juniors participating in club organised activities must wear suitable eye protection whilst on court.
- All juniors playing outside of club organised activities are strongly advised to wear suitable eye protection whilst on court.
- All adults participating in club organised activities are strongly advised to wear suitable eye protection whilst on court.

## Parents/Guardians

- Support your child's involvement
- Encourage your child to learn the rules of the game and participate within them
- Discourage arguing with officials/coaches
- Unless the coach or tournament organiser asks to do so, please remain off court during sessions
- Help your child to recognise good performance and always find positives
- Set a good example of sportsmanship
- Never force your child to participate
- Ensure your child is dressed appropriately for the session and has plenty of fluids available
- Keep the club informed if your child is unable to attend a session
- Never punish your child for poor performance
- Ensure your child respects the club's equipment
- Collect your child promptly at the end of the session

Thank you for your cooperation